

WELCOME TO PHYSICAL EDUCATION

We are looking forward to providing your child with an exciting and rewarding physical education program. The P. E. classes will prove to be an integral phase in their physical and social development. We take pride in our program and are committed to giving the students the best instruction possible.

The aim of the physical education program at Chapel Hill Elementary School is ***to develop and improve students' personal fitness and motor skills by providing developmentally appropriate activities through purposeful, creative and enjoyable instruction.*** By incorporating challenging yet achievable tasks, the students will attain positive attitudes about physical activity and movement.

Your child's locomotor movement, manipulative skills, personal behavior, and fitness level will be monitored and assessed throughout the school year. The state mandated Fitness Gram test will be practiced and administered to all Kdg thru 5th Grade students, two times during the school year. A fitness report card will be sent home at the end of the year for all 4th and 5th grade students.

Every child is expected to participate to the best of their ability each day they attend class. The state law requires that each student have 60 clock hours of physical education in a school year. There are days however, when illness or injury may inhibit your child's ability to participate. If so, please send a note with your child, with a brief description regarding the nature of the restriction. If the condition restricts activity for more than 3 consecutive days, a doctor's note will be required.

We are concerned about your child's safety and for that reason; we ask that they wear athletic or running type shoes. Shoes with heels, boots, slip-ons or sandals (such as crocs) make it difficult for children to participate safely. We strongly encourage students to wear socks with their shoes and girls that choose to wear dresses or skirts should wear shorts underneath their clothing.

If your child has any ongoing health concerns or restrictions that we need to be aware of, please send a detailed note with instructions for their class participation limitations.

The students will be assigned 2 to 3 days of Physical Education each week. The classroom teachers will have schedules posted in their classrooms. A master schedule will also be posted outside the gym and on this website.

Thank you for your support, and we look forward to working with your child.

Grading Procedures

For your child's safety as well as the liability involved, your child will NOT be allowed to participate without proper footwear in physical education. Proper footwear includes tennis-type/sneaker shoes--those with a flat bottom (no heel) and the foot fully covered. Clogs, crocs, sandals, dress shoes, boot like shoes, and any heeled shoes are NOT appropriate types of footwear for physical education class, and your child will not be able to participate in that day's activities.

Grades for physical education are based on the following:

- Participation
- Behavior- Warning, Time Out, At Home Detention Assignment, Office Referral
- Skill Proficiency (SLO's/CDA's)
- Appropriate dress(tennis shoes, shorts under dresses etc...Loss of points)

We Handle Our Own Discipline in the Gym! Students should report any injuries/issues to the PE teachers.